

Service	Organisation	Phone Number
Alcohol & Drug Support	HSE Drugs and Alcohol Helpline	1800 459 459
Alzheimer Society	Alzheimer Society of Ireland's National Helpline (Call back service)	1800 341 341
Asthma Society	Beating Breathlessness WhatsApp message service. Send a message to a nurse on:	(086) 059 0132
Cancer Support	Irish Cancer Society Nurseline	1800 200 700
Carer Support for End of Life	Irish Hospice Foundation	(01)-6793188
COPD	COPD Adviceline	1800 832146
Dementia Support	Alzheimer National Helpline	1800 341 341
Diabetes Support	Diabetes Ireland Helpline	01 842 8118
Heart/Stroke Support	Irish Heart Foundation heart and stroke helpline	01 668 5001
Local Practical support	Carlow County Council Community Response Helpline	1800 814 300
Local Practical support	Cavan County Council Community Response Helpline	1800 300 404
Local Practical support	Clare County Council Community Response Helpline	1890 252943
Local Practical support	Cork City Council Community Response Helpline	1800 222 226
Local Practical support	Cork County Council Community Response Helpline	1800 805 819
Local Practical support	Donegal County Council Community Response Helpline	1800 928 982
Local Practical support	Dublin City Council Community Response Helpline	01 2228555
Local Practical support	Dun Laoghaire Rathdown Community Response Helpline	01 2713199
Local Practical support	Fingal County Council Community Response Helpline	01 890 5000
Local Practical support	Galway City Council Community Response Helpline	1800 400 150
Local Practical support	Galway County Council Community Response Helpline	1800 92 8 894
Local Practical support	Kerry County Council Community Response Helpline	1800 807 009
Local Practical support	Kildare County Council Community Response Helpline	1800 300 174
Local Practical support	Kilkenny County Council Community Response Helpline	1800 500000
Local Practical support	Laois County Council Community Response Helpline	1800 832 010
Local Practical support	Leitrim County Council Community Response Helpline	071 9650473
Local Practical support	Limerick Local Authorities Community Response Helpline	1800 832 005

Local Practical support	Longford County Council Community Response Helpline	1800 300 122
Local Practical support	Louth County Council Community Response Helpline	1800 805 817
Local Practical support	Mayo County Council Community Response Helpline	094 9064660
Local Practical support	Meath County Council Community Response Helpline	1800 808 809
Local Practical support	Monaghan County Council Community Response Helpline	1800 804 158
Local Practical support	Offaly County Council Community Response Helpline	1800 81 81 81
Local Practical support	Roscommon County Council Community Response Helpline	1800 200 727
Local Practical support	Sligo County Council Community Response Helpline	1800 292 765
Local Practical support	South Dublin County Council Community Response Helpline	01 4149043
Local Practical support	Tipperary County Council Community Response Helpline	0761 06 5000
Local Practical support	Waterford City and County Council Community Response Helpline	1800 250 185
Local Practical support	Westmeath County Council Community Response Helpline	1800 805 816
Local Practical support	Wexford County Council Community Response Helpline	053 919 6000
Local Practical support	Wicklow County Council Community Response Helpline	1800 868 399
Managing Money/Banking Support	KBC Bank Dedicated Line	1800 804 472
Managing Money/Banking Support	Permanent TSB Dedicated Line	1800 218 000
Managing Money/Banking Support	AIB Dedicated Line	1800 207 232
Managing Money/Banking Support	Ulster Bank Ireland Dedicated Line	1800 656 001
Managing Money/Banking Support	National Adult Literacy Agency	1800 20 20 56
Managing Money/Banking Support	National Adult Literacy Agency text line -Text 'LEARN' to:	50050
Medical Support	HSE Liveline	(01)850241850
Mental Health	Aware Support Line	1800 80 48 48
Mental Health	Samaritans	116 123

Mental Health	Pieta House Text HELP to 51444	1800 247 247 or
Safeguarding Team (HSE)	Dublin North, Dublin North City, Dublin North West	076-6959528
Safeguarding Team (HSE)	Laois, Offaly, Longford, Westmeath, Louth and Meath	01 6914632
Safeguarding Team (HSE)	Kildare, West Wicklow, Dublin West, Dublin South City, Dublin South West	045 920410
Safeguarding Team (HSE)	Wicklow, Dun Laoghaire and Dublin South East	01 2164511
Safeguarding Team (HSE)	South Tipperary. Carlow, Kilkenny, Waterford, Wexford	056-7784325
Safeguarding Team (HSE)	Kerry and Cork	021 4927550
Safeguarding Team (HSE)	Clare, Limerick, North Tipperary and East Limerick	067 46470
Safeguarding Team (HSE)	Galway, Roscommon and Mayo	091 748432
Safeguarding Team (HSE)	Donegal, Sligo, Leitrim, Cavan and Monaghan	071-9834660
Smoking Support	Quit Line	1800 201 203
Technology Support	COVID19 Tech (Tech Support for over 65s) https://covid19tech.ie/	(01)9633288
Technology Support	Age Action Getting Started KIT (How to guides sent by post)	01 8730372
Tenancy Support	HAIL provide housing and mental health tenancy support	087 680 6317/ 087 738 1952
Technology Support	Vodafone Tech/Smartphone Advice Line for older people	(01) 8731166
Volunteer Support	ALONE Volunteer Support Line	(01) 679 1032